

**MENS RECORDS**

AGE	EVENT	NAME	TIME/DISTANCE	YEAR	MEET
<b>U12</b>	100m	Lyndon Miletic	14.50s	2021	
	200m	Django Mak	30.90	2025	
	400m				
	800m	Bryson Norris	2.38.02	2021	
	1500m	Connor Gunn	6.20.18	2018	
	1 Mile				
	1500mW				
	90mH				
	200mH				
	Long Jump	Lyndon Miletic	4.13m	2021	
	Triple Jump				
	High Jump				
	Shot Put	Callan Atherton	10.84m	2024	
	Discus	Callan Atherton	35.92m	2024	
	Javelin	Jack Sullivan	31.48m	2024	
	Hammer Throw				

AGE	EVENT	NAME	TIME/DISTANCE	YEAR	MEET
<b>U13</b>	100m				Country Championships
	200m				
	400m				
	800m	Eli Williams	2.41.21	2026	
	1500m				

	1 Mile				
	1500mW				
	3km Walk				
	90mH				
	100mH				
	200mH				
	Long Jump	Eli Williams	4.35m	2026	Country Championships
	Triple Jump	Eli Williams	8.75m	2026	Country Championships
	High Jump	Eli Williams	1.20m	2026	Country Championships
	Shot Put	Benjamin Sullivan	10.76m	2026	Country Championships
	Discus	Benjamin Sullivan	29.06m	2026	Country Championships
	Javelin	Joel Munkman	26.80m	2026	Country Championships
	Hammer Throw				

AGE	EVENT	NAME	TIME/DISTANCE	YEAR	MEET
U14	100m	Jay Clarke	12.01s	2020	Country Championships Country Championships
	200m	Jay Clarke	24.17s	2020	
	400m	Jay Clarke	58.38s	2020	
	800m	Joshua Ireland	2.18.85	2020	
	1500m	Harrison McClusky	4.40.99	2021	
	1 Mile				
	1500mW	Liam Meale	7.27.53	2026	
	3000m	Liam Meale	12.14.14	2026	
	3km Walk	Liam Meale	15:26.2	2025	
	90mH	Cooper Manser	14.85s	2024	
	100mH	Zavier Briggs	19.95s	2025	
	200mH	Zavier Briggs	35.86s	2025	

	Long Jump	Zavier Briggs	3.99m	2025	
	Triple Jump	Zavier Briggs	9.41m	2025	
	High Jump	Cooper Manser	1.55m	2024	
	Shot Put	Hamish Mulrooney	11.81m	2023	Gosford Throwers Night
	Discus	Hamish Mulrooney	37.02	2026	Country Championships
	Javelin	Archer Todd	37.95m	2024	
	Hammer Throw	Hamish Mulrooney	36.79	2026	Country Championships

AGE	EVENT	NAME	TIME/DISTANCE	YEAR	MEET
U15	100m	Zavier Briggs	14.04	2025	Treloar 6
	200m	Zavier Briggs	28.44	2026	Country Championships
	400m				
	800m				
	1500m				
	1 Mile				
	3km				
	2km Steeplechase				
	1500mW				
	3km Walk				
	100mH	Zavier Briggs	21.74	2026	Country Championships
	200mH				
	300mH				
	Long Jump	Zavier Briggs	4.19	2026	Country Championships
	Triple Jump	Daniel Gallo	10.38m	2023	High Velocity Illawong
	High Jump	Daniel Gallo	1.70m	2023	Treloar 5
	Shot Put	Jack Sullivan	11.62	2026	Country Championships
	Discus	Jack Sullivan	36.59	2026	Country Championships

	Javelin	Jack Sullivan	37.49	2026	Country Championships Country Championships
	Hammer Throw	Zavier Briggs	21.86	2026	
	Pole Vault				

AGE	EVENT	NAME	TIME/DISTANCE	YEAR	MEET
U16	100m	Jay Clarke	11.94s	2021	Hunter Super Meet
	200m	Johan Hawryluk	23.20s	2025	
	400m	Jay Clarke	56.02	2021	
	800m	Joshua Ireland	2.12.91	2021	NSW Mile Championships
	1500m	Joshua Ireland	4.34.99	2021	
	1 Mile	Isaac Bertoldi	5.07.13	2025	
	3km	Harrison McClusky	9.14.23	2023	
	2km Steeplechase	Harrison McClusky	6.32.87	2023	
	1500mW	Myles Ashby	7.16.03	2022	Country Championships Country Championships Hunter Super Meet
	3km Walk	Oscar Tebbutt	14.20.51	2016	
	100mH	Cooper Manser	14.57	2026	
	200mH	Cooper Manser	29.51	2026	Junior Champs.
	300mH	Johan Hawryluk	44.80s	2025	
	Long Jump	Cooper Boelhouwer	5.37m	2016	Country Championships
	Triple Jump	Cooper Boelhouwer	11.00m	2016	
	High Jump	Daniel Gallo	1.78m	2024	
	Shot Put	Zeike Bugden	12.20m	2025	
	Discus	Joshua Farrant	46.65m	2020	
	Javelin	Archer Todd	32.28m	2023	Country Championships
	Hammer Throw	Jack Sullivan	22.56m	2024	
	Pole Vault	Cooper Manser	2.20	2026	

AGE	EVENT	NAME	TIME/DISTANCE	YEAR	MEET	
U17	100m	Isaac Murphy	12.70	2026	Country Championships	
	200m	Isaac Murphy	25.60	2026		
	400m	Isaac Murphy	1.00.12	2026		
	800m	Isaac Bertoldi	2.21.66	2026		
	1500m	Isaac Bertoldi	4.51.22	2026		
	1 Mile	M Bregozzo	4.23.12	2025		
	3km	M Bregozzo	8.45.98	2025		State 3000m
	5km					
	2km Steeplechase					
	3km Walk	William Pratt	17.56.78	2026		Country Championships
	5km Walk					
	10km Walk					
	100mH					
	400mH					
	Long Jump					
	Triple Jump	Daniel Gallo	12.19m	2024	Treloar 3	
	High Jump	Isaac Murphy	1.60m	2026	Country Championships	
	Shot Put					
	Discus	Lachlan Moore	36.64	2026	Country Championships	
	Javelin					
	Hammer Throw					

AGE	EVENT	NAME	TIME/DISTANCE	YEAR	MEET
U18	100m	Connor Gunn	11.70s	2024	

	200m	Tyler Gunn	23.41s	2016	NSW Mile Championships
	400m	Tyler Gunn	47.68s	2016	
	800m	Tyler Gunn	1.55.05	2016	
	1500m	Harrison McClusky	03:56.8	2025	
	1 Mile	L Olsen	4.39.68	2025	
	3km	Harrison McClusky	08:22.5	2025	
	5km	Harrison McClusky	14.51.46	2025	
	2km Steeplechase	Myles Ashby	6.43.49	2023	
	3km Walk	Myles Ashby	14.00.44	2023	
	5km Walk	Oscar Tebbutt	22.08.63	2018	
	10km Walk				Country Championships
	110mH	Daniel Gallo	17.06	2026	
	400mH	Tyler Gunn	56.83s	2016	
	Long Jump	Daniel Gallo	6.10m	2026	Country Championships
	Triple Jump	Daniel Gallo	12.56m	2026	Regional Championships
	High Jump	Daniel Gallo	1.80m	2025	Hunter Winter Series
	Shot Put	Corey-Jay Eyndhoven	16.02m	2018	
	Discus	Joshua Farrant	39.47m	2020	
	Javelin	Tyler Gunn	43.20m	2016	
	Hammer Throw	Thomas Shannon	60.64m	2020	

AGE	EVENT	NAME	TIME/DISTANCE	YEAR	MEET
U20	100m	Tyler Gunn	10.73s	2018	
	200m	Tyler Gunn	21.87s	2017	
	400m	Tyler Gunn	46.85s	2018	
	800m	Micah Brook	01:55.4	2025	
	1500m	Oliver Ham	03:55.8	2024	

	1 Mile	R Naim	4.18.56	2025	NSW Mile Championships
	3km	Oliver Ham	08:17.3	2024	
	5km	Oliver Ham	14.50.90	2024	
	2km Steeplechase				
	3km Walk				
	5km Walk	Oscar Tebbutt	21.55.75	2019	
	10km Walk	Oscar Tebbutt	45.32.22	2018	
	100mH				
	110mH				
	400mH				
	Long Jump	Tyler Gunn	6.99m	2017	
	Triple Jump				
	High Jump				
	Shot Put	George Wells	15.73m	2024	
	Discus	George Wells	52.96m	2024	
	Javelin	Tyler Gunn	46.85m	2018	
	Hammer Throw	Thomas Shannon	59.93m	2021	

AGE	EVENT	NAME	TIME/DISTANCE	YEAR	MEET
OPEN	60m	Ernie Leseberg	7.27s	2021	
	100m	Tyler Gunn	10.77s	2022	
	200m	Tyler Gunn	21.33s	2021	
	400m	Tyler Gunn	46.09s	2019	
	800m	Liam Golledge	1.54.02	2022	
	1500m	Oliver Ham	3.53.42	2025	
	1 Mile				
	3km	Oliver Ham	8.07.95	2025	

	5km	Oliver Ham	14.25.39	2025	NSW Mile Championships
	10km	James Starkey	31.44.49	2024	
	3km Steeplechase				
	3km Walk	Myles Ashby	14.57.57	2021	
	5km Walk	Myles Ashby	24.47.67	2022	
	10km Walk	Myles Ashby	51.41.95	2022	
	110mH				
	400mH				
	Long Jump	Tyler Gunn	6.52m	2020	
	Triple Jump	Knox Hayter	9.41m	2022	
	High Jump				Country Championships Country Championships
	Shot Put	George wells	14.21	2026	
	Discus	George wells	47.01	2026	
	Javelin	Tyler Gunn	53.70m	2021	
	Hammer Throw	Thomas Shannon	51.55m	2021	

AGE	EVENT	NAME	TIME/DISTANCE	YEAR	MEET
30-39	100m	Chris Quick	15.32s	2020	
	200m	Chris Quick	30.96s	2020	
	400m	Chris Quick	1.06.31	2021	
	800m	Ryan McKendrick	2.09.32	2020	
	1500m	Chris Quick	4.59.27	2021	
	3km	Chris Quick	10.30.40	2021	
	5km	Tom Lovegrove	15.50.88	2025	
	3km Steeplechase				
	3km Walk				
	110mH				

	400mH			
	Long Jump	Chris Quick	3.33m	2020
	Triple Jump	Ryan McKendrick	11.02m	2020
	High Jump			
	Shot Put	Chris Quick	7.45m	2021
	Discus	Chris Quick	18.36m	2020
	Javelin	Ryan McKendrick	35.47m	2020
	Hammer Throw			
	Weight Throw			
	Throw Pentathlon			

AGE	EVENT	NAME	TIME/DISTANCE	YEAR	MEET
40-49	60m	Ernie Leseberg	7.34s	2020	NSW Mile Championships  Country Championships
	100m	Ernie Leseberg	11.51s	2021	
	200m	Ernie Leseberg	23.33s	2021	
	400m	Ryan McKendrick	01:01.6	2020	
	800m	Ryan McKendrick	2.09.51	2021	
	1500m	Ryan McKendrick	4.23.73	2021	
	1 Mile	Ryan McKendrick	5.05.75	2025	
	3km	Ryan McKendrick	8.55.57	2021	
	5km	Ryan McKendrick	15.55.28	2022	
	3km Steeplechase	Ryan McKendrick	11.51.05	2026	
	3km Walk				
	110mH				
	400mH				
	Long Jump	Ernie Leseberg	5.26m	2020	
	Triple Jump	Ryan McKendrick	10.47m	2020	

	High Jump	Ryan McKendrick	1.55m	2020	NSW Masters NSW Masters
	Shot Put	Paul Sullivan	11.67	2026	
	Discus	Paul Sullivan	34.57	2026	
	Javelin	Paul Sullivan	34.46m	2024	
	Hammer Throw				
	Weight Throw				
	Throw Pentathlon				

AGE	EVENT	NAME	TIME/DISTANCE	YEAR	MEET	
50-59	60m	Ernie Leseberg	7.24s	2022	Country Championships	
	100m	Ernie Leseberg	11.40s	2022		
	200m	Ernie Leseberg	22.97	2022		
	400m	Ernie Leseberg	53.27s	2022		
	800m	Paul Arthur	2.24.17	2025		
	1500m	Paul Arthur	4.46.44	2025		
	1 Mile					
	3km	Paul Arthur	9.47.85	2023		
	5km	Paul Arthur	16.56.68	2025		
	10km	Paul Arthur	37.16.4	2023		
	3km Steeplechase	Dave Gallo	16.03.89	2026		NSW Masters Championships
	3km Walk	Mark McKay	19.37.28	2015		
	100mH	Dave Gallo	15.48	2023		Country Championships
	400mH	Dave Gallo	1.12.19	2026		
	Long Jump	Dave Gallo	4.72m	2024		
	Triple Jump	Dave Gallo	9.90m	2026		
	High Jump	Dave Gallo	1.45m	2023		
				2025		

	Shot Put	Dave Gallo	9.08m	2023	Country Championships Australian Masters Championships Canberra
	Discus	Dave Gallo	22.95m	2023	
	Javelin	Dave Gallo	20.58m	2023	
	Hammer Throw	Dave Gallo	20.13	2026	
	Weight Throw	Dave Gallo	8.95	2026	
	Throw Pentathlon				

AGE	EVENT	NAME	TIME/DISTANCE	YEAR	MEET
60+	60m	Ross Kestle	11.61	2026	NSW Masters 70+ NSW Masters 70+ Country Championships 70+ NSW Masters 70+
	100m	Ross Kestle	19.33	2026	
	200m	Ross Kestle	41.50	2026	
	400m	Ross Kestle	1.42.98	2026	
	800m				
	1500m				
	1 Mile				
	3km				
	5km				
	10km				
	3km Steeplechase				
	3km Walk				
	110mH				
	400mH				
	Long Jump				
	Triple Jump				
	High Jump				
	Shot Put	Patrick Whymark	9.02m	2025	
	Discus	Patrick Whymark	26.80m	2025	

	Javelin	Patrick Whymark	17.31m	2025	
	Hammer Throw	Patrick Whymark	25.03m	2025	
	Weight Throw	Patrick Whymark	11.04m	2025	
	Throw Pentathlon				

**Para Ambulant**

AGE	EVENT	NAME	TIME/DISTANCE	YEAR	MEET
<b>U16</b>	100m	Kody Wrench	12.65s	2024	
	200m	Kody Wrench	25.86s	2024	
	800m	Kody Wrench	02:37.1	2024	
	Shot Put				

AGE	EVENT	NAME	TIME/DISTANCE	YEAR	MEET
<b>U17</b>	100m	Kody Wrench	12.28	2026	Country Championships
	200m	Kody Wrench	25.25	2026	Country Championships
	Long Jump	Kody Wrench	5.16m	2026	Country Championships
	Shot Put	Kody Wrench	7.41m	2026	Country Championships
	400m	Kody Wrench	55.90	2026	Country Championships
	Triple Jump	Kody Wrench	10.25m	2026	Country Championships

AGE	EVENT	NAME	TIME/DISTANCE	YEAR	MEET
U18	100m	Kody Wrench	12.20s	2025	
	200m	Kody Wrench	24.32s	2025	
	Long Jump	Kody Wrench	4.92m	2025	
	400m	Kody Wrench	56.14s	2025	